

March 7th, 2022

To: Parents/Guardians of middle school PE students   
From: **Principal name and Name of School**  
Regarding: Comprehensive sexual health education

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Dear Parents/Guardians,

Starting in Mayyour student’s pe class will address topics in sexual health education. Consistent with [district policy 2123](https://docushare.everett.k12.wa.us/docushare/dsweb/Get/Document-8776/2123%20Health%20and%20Physical%20Education%20Program.pdf), content will address AIDS and sex education, including information about human anatomy, reproduction and related topics. AIDS prevention education will be limited to the discussion of the life-threatening dangers of the disease, its spread and prevention.

The district’s adopted curriculum, *Get Real: Comprehensive Sex Education That Works,* will be used for instruction.   
The following topics will be addressed for Grade 8:

* Creating the Classroom Environment
* Healthy and Unhealthy Relationships
* Addressing Obstacles to Abstinence
* Comprehensive Protection Methods
* STI/HIV Transmission
* Living with HIV
* Refusal Skills
* Goals and Decision Making
* Bystander Training
* Affirmative Consent
* Conclusion and Review

If you would like to preview the curriculum, please fill out this [**request to preview the curriculum form**](https://bit.ly/SexEdCurriculumReview)or visit [**https://bit.ly/SexEdCurriculumReview**](https://bit.ly/SexEdCurriculumReview).  If you have questions, please contact your student’s teacher. You may also attend a curriculum presentation on **enter date and time (buildings must host this at least 30 instructional days prior to the first day of instruction)**.

District policy allows you to opt out your student of all or a portion of instruction. If you do NOT want your student to receive sexual health instruction, please notify your student’s teacher through email or complete an[**opt out form**](https://www.everettsd.org/Page/38405)**or visit**[**https://www.everettsd.org/Page/38405**](https://www.everettsd.org/Page/38405). Students who opt out of instruction will receive alternative class assignment(s) not addressing sexual health topics. Teachers will begin the lessons to all students who have NOT opted out on **Enter Date**.

Please do not hesitate to contact your student’s teacher with questions.

Sincerely,

**Teacher Name**